

Materiál vyžádaný organizací Revize F65 na podporu vyjmutí sadomasochizmu ze seznamu poruch ICD v Norsku

Statement - support for Revize F65

Dominance and submissiveness represent strong sexual arousal stimuli for a considerable part of population (dominant partner was chosen by 13.8% men and 20.5% women, and submissive partner by 36.6% men and 19.8% women when measured by internet trap method). (Jozifkova and Flegr 711-18)

The sexual arousal by lower- and/or higher-ranking partner appears to be a manifestation of a successful reproductive strategy, e.g. behavior connected to natural human behavior. Sexual arousal by overemphasized hierarchy (e.g. dominant-slave play) considered to be a part of sadomasochistic sex (or so called BDSM) may represent an overemphasized manifestation of this reproductive strategy (Jozifkova and Konvicka 3327-34).

Strikingly, the demonstration of hierarchy disparity during sexual activity (sadomasochistic sex or BDSM) is widespread in modern societies with equalitarian behaviour. The activity is ritualized and consensual. So there is much more support for the idea of symbolic realization of a part of a natural behavior.

You may like this component of behavior of *Homo sapiens* or you may dislike this behavior of the species. However, you cannot deny the existence of the behavior.

Please note that the punishment and persecution of sadomasochistic sex practitioners (or BDSM) led to increased bullying and extortion not only between the practitioners and common population but even inside the SM or BDSM sub-communities in the Czech Republic (or former Czechoslovakia). The punishment and persecution is tightly connected with lack of information on what was dangerous namely for adolescents and inexperienced individuals, who were uncertain about their orientation. Persons lacking information may be more prone to engage in abusive behavior (i.e., to commit a crime) or fall victim of a crime. The most problematic types of hidden violence increase this way.

The F65 diagnosis did not help individuals to solve their problems with specialists. It causes the fear from "being deviant" so the individuals avoid to seek the assistance even in cases when "normal" individuals would do so. In addition, the "deviants" hesitate to ask for police assistance when falling victims of crime. The effect of F65 misconception was striking namely after revolution in Czech Republic (1989), where the decrease of fear from persecution and "cure", together with access to information helped young generation to cope with their sexual preferences. There is no way how to change the sexual preference of the subjects but there is a way to help the subject to cope with his/her sexual preferences and to decrease the hidden violence. Please do not repeat the mistaken strategy.

From evolutionary biology point of view, sexual arousal by overemphasized hierarchy may be a very natural part of human behavior. Regardless of the scientific hypothesis, the existence of F65 diagnosis is counterproductive in case of consensual sadomasochistic sex.

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Reference List

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2. Jozifkova,E. & Konvicka,M. Sexual Arousal by Higher- and Lower-Ranking Partner: Manifestation of a Mating Strategy? *Journal of Sexual Medicine* **6**, 3327-3334 (2009).